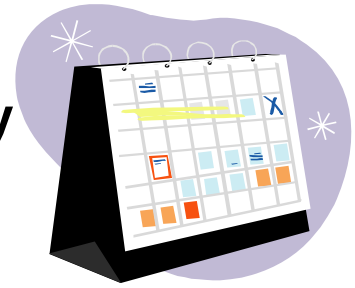




Family Home Activity Family Calendar



Description:

A Family Calendar provides a means of communicating important events to your entire family, keeping track of busy schedules, and allowing family members to quickly locate other family members. When placed in a common space such as the kitchen, all family members are guaranteed to pass by the calendar and be reminded of upcoming dates. Your family can schedule family meetings, family outings, monitor family goals, and create monthly family agendas. The calendar can allow parents and kids to schedule their *own* important events—like parent date night or friend play-dates—knowing that everyone in the family will be aware of those plans and will plan their own schedules accordingly. The calendar can help teach children about organization, cooperation, advance planning, and communication. Children also learn that their plans and wishes matter too, as they are given space to voice their opinions about family outings, schedules, and events.



Supplies:

A Family Calendar should be big enough to accommodate the whole family's schedule. The best option is a big desk calendar from an office store. Stickers and markers can be used to highlight special events like birthdays, holidays, homecomings, and other important family dates.

Instructions:

The calendar can be mounted on the wall where all will see it. Be sure to place it low enough that small children will be able to see it as well! Together, your family should discuss how they will use the calendar, who will write on it, and how they will plan joint events. Families with older children and adolescents should discuss how they will negotiate competing plans and desires. It's best to use pencil when scheduling dates, as plans can change and pencil allows you to erase and reschedule as needed.

