




Parenting Plan

Our Family Values	 Behaviors to Praise	 Behaviors to Ignore	 'Deal Breaker' Behaviors
As a parent, I most want to model: 1. 2. 3. 4. 5.	Child's Behavior: Parent's Action taken:	Child's Behavior: Parent's Action taken:	Child's Behavior: Consequence:
For my child, I most want to see: 1. 2. 3. 4. 5.	Child's Behavior: Parent's Action taken:	Child's Behavior: Parent's Action taken:	Child's Behavior: Consequence:
	Child's Behavior: Parent's Action taken:	Child's Behavior: Parent's Action taken:	
For help identifying core values, visit BreneBrown.com https://daretolead.brenebrown.com/wp-content/uploads/2019/02/Values.pdf	Child's Behavior: Parent's Action taken:	My strategies to help myself ignore these behaviors and get closer to green: 1. 2. 3. 4.	